1. **COURSE TITLE\*: Abnormal Psychology**
2. **CATALOG – PREFIX/COURSE NUMBER/COURSE SECTION\*:** PSYC 2275
3. **PREREQUISITE(S)\*:** PSYC 1110  **COREQUISITE(S)\*:**
4. **COURSE TIME/LOCATION/MODALITY: (*Course Syllabus – Individual Instructor Specific*)**
5. **CREDIT HOURS\*:** 3 **LECTURE HOURS\*:** 3

**LABORATORY HOURS\*:** 0 **(contact hours) OBSERVATION HOURS\*: 0**

1. **FACULTY CONTACT INFORMATION: *(Course Syllabus – Individual Instructor Specific)***
2. **COURSE DESCRIPTION\*:**

This course is an overview of the current theories and research concerning the causes, symptoms, and treatment of various mental and behavioral disorders. Current mental health resources are examined and evaluated as to their effectiveness.

1. **LEARNING OUTCOMES\*:**

At the completion of this course the student will be able to:

1. Describe and evaluate the historical and cultural viewpoints, as well as current theoretical views of psychological disorders.
2. Compare and contrast the symptoms of psychological disorders with nonpathological behaviors.
3. Describe the clinical picture and discuss clinical assessment of each of the major psychological disorders (e.g., anxiety, somatoform, mood, personality, and psychotic disorders, as well as addictions) using the current DSM for reference.
4. Evaluate the relevance of current and past research within clinical and counseling psychology.
5. Distinguish myths and misconceptions from research evidence regarding psychological illness and therapy and apply research evidence to understanding of diagnosis, etiology, prognosis, and treatment of psychological disorders.
6. Evaluate ethical issues regarding treatment and current status of treatment resources.

7. Assess and critically analyze theories, research methods and findings (outcomes), trends, and applications developed by psychologists and made available through textbooks, newspapers, professional and lay periodicals, and the Internet.

8. Communicate the significance of facts, concepts, and ideas in spoken and written English which is clear, precise, and logical.

1. Demonstrate an academic proficiency comparable to students completing the second year of a baccalaureate degree program.
2. **ADOPTED TEXT(S)\*:**

*Understanding Abnormal Behavior (Loose leaf textbook with Mind Tap)*

By: Sue, David, Sue, Derald Wing, Sue, Diane, & Sue, Stanley

12th, 2022, Cengage

ISBN:  978-0-357-30431-0

*Understanding Abnormal Behavior (ebook with Mind Tap)*

By: Sue, David, Sue, Derald Wing, Sue, Diane, & Sue, Stanley

12th, 2022, Cengage

ISBN: 978-0-357-71124-8

\*The *Understanding Abnormal Behavior* textbook should be acquired through Cengage Unlimited. Cengage Unlimited allows a student to receive access to Cengage’s entire textbook catalog, and all digital resources, for a flat fee.

***Cengage Unlimited:***

1-Term Access Student/List Cost $124.99 - ISBN 9780357700037

1-Year Access Student/List Cost $189.99 - ISBN 9780357700044

2-Year’s Access Student/List Cost $249.99 - ISBN 9780357700051

A print rental is available with any activated Cengage Unlimited digital course for the cost of shipping (starting at $8.99).

Students also have the option to purchase a loose-leaf copy to keep after they activate their digital course for $20-$50 (price dependent on title).

**9a: SUPPLEMENTAL TEXTS APPROVED BY FULL TIME DEPARTMENTAL FACULTY (INSTRUCTOR MUST NOTIFY THE BOOKSTORE BEFORE THE TEXTBOOK ORDERING DEADLINE DATE PRIOR TO ADOPTION) \*\*\*.**

1. **OTHER REQUIRED MATERIALS: (SEE APPENDIX C FOR TECHNOLOGY REQUEST FORM.)\*\***

**Strongly Suggested Text**

*DSM 5 – TR (Spiral Bound)*

**By:** Amer Psychiatric Pub Inc; 1st edition, 2022

ISBN: 978-0- 890-42583-1

There will be copies of the DSM5 – TR in the library for reference **but not check out.**

1. **GRADING SCALE\*\*\*:**

Grading will follow the policy in the catalog. The scale is as follows:

A: 90 – 100

B: 80 – 89

C: 70 – 79

D: 60 – 69

F: 0 – 59

1. **GRADING PROCEDURES OR ASSESSMENTS: (*Course Syllabus – Individual Instructor Specific)***
   1. There will **be four** tests over the materials covered in book, class lectures, and videos. The fifth test will be the final exam.
   2. There will be at least six quizzes over reading assignments **(10%)**
   3. The average of the **highest four tests** will count as **80%** of grade.
   4. Class attendance is **10%** of your grade. Perfect attendance= 10 points, 1 Absence = 8 points, 2 Absences=6 points, 3 Absences=4 points, 4 Absences=2 points. Students who **miss more than 6 classes, may be asked to withdraw from the class by the instructor**. Failure to officially withdraw will result in the student being issued a grade of “F” for the course.
   5. A six page research paper on a topic covered in the course will count as **10%** of the grade. A minimum of four outside resources must be utilized, none over five years old. APA format is required.
2. **COURSE METHODOLOGY: *(Course Syllabus – Individual Instructor Specific)***
3. Classes will consist of lectures, class discussions, small group projects, videos, overhead projector notes, power-point, and additional supplemental materials.
4. Interactive class discussion is encouraged and staying current on reading assignments necessary to be able to adequately participate in class discussions

**14. COURSE OUTLINE: *(Course Syllabus – Individual Instructor Specific)***

***(Insert sample course outline with learning outcomes tied to assignments / topics.)***

|  |  |  |
| --- | --- | --- |
| ***Chapter*** | ***Topics and Discussion Points*** | ***Learning Outcomes*** |
| ***1*** | ***Abnormal Behavior***  Distribute and explain course syllabus  The historical viewpoints of abnormality from yesterday to today.  What is considered abnormal behavior?  Define and discuss abnormal behavior: distress, deviance, personal dysfunction, dangerousness.   * + What makes a problem a mental or emotional disorder?   + What causes such problems? | ***1, 2*** |
| ***2*** | ***Understanding and Treating Mental Disorders***  A Multipath Model of Mental Disorders  Major theoretical views or dimensions of mental disorders   * + Biological Factors   + Psychological Factors   + Socio-cultural Factors | ***2,3,6*** |
| ***3*** | ***Assessment and Classification of Mental Disorders***   * Assessment tools, interviews, tests, and observations, DSM- 5-TR, and the process of assessment | ***3, 8, 9*** |
| ***5*** | ***Anxiety, Obsessive Compulsive Disorder, and Related Disorders***   * Anxiety and a Multipath Perspective * Generalized Anxiety Disorders * Phobias * Social Anxiety Disorder and Panic Disorder * Obsessive-Compulsive Disorder * Etiology and treatment * Contemporary Trends and Future Directions | ***2, 3, 4, 7*** |
| ***6*** | ***Trauma and Stressor Related Disorders***   * Adjustment Disorder * Trauma Related Disorders * Etiology and Treatment   ***Psychological Factors Affecting Mental Conditions***   * Medical Conditions Impacted by Psychological Conditions * Etiology and Treatment   ***Contemporary Trends and Future Directions*** | ***2, 3, 4, 7*** |
| ***7*** | ***Somatic Symptom and Dissociative Disorders***   * Factitious Disorder * Conversion and Somatic Symptom Disorder * Illness Anxiety Disorder * Psychological Factors affecting other medical Conditions   ***Dissociative Disorders***   * Disassociate Amnesia * Depersonalization and Derealization Disorder * Dissociative Identity Disorder   ***Etiology and Treatment*** | ***2, 3, 4, 7*** |
| ***8*** | ***Depressive and Bipolar Disorders***   * Unipolar Depression * Bipolar Depression * Symptomatology and prevalence * Treatment for unipolar and bipolar depression * Contemporary Trends and Future Directions * Etiology and Treatment | ***2, 3, 4, 7*** |
|  |  |  |
| ***9*** | ***Suicide***   * A Multipath Perspective to Suicide * Patterns and Statistics * Specific populations * Underlying Causes and Triggers * Assessing for Suicidality * Prevention and Treatment * Moral and Ethical Considerations * Contemporary Trends and Future Directions | ***2, 3, 4, 7*** |
| ***10*** | ***Eating Disorders***   * Anorexia Nervosa * Bulimia Nervosa * Binge Eating * Other related disorders   ***Obesity***  ***Etiology and Treatment***  ***Contemporary Trends and Future Directions*** | ***2, 3, 4, 7*** |
|  |  |  |
| ***11*** | ***Substance-Related and other Addictive Disorders***   * Substance - Related Disorders * Substance Associated with Abuse   ***Etiology and Treatment for Substance Use Disorders***  ***Gambling and Other Addictions***  ***Contemporary Trends and Future Directions*** | ***2,3,4,7*** |
| ***12*** | ***Schizophrenia Spectrum Disorders***   * Symptoms * Etiology and Treatment   ***Other Schizophrenia Spectrum Disorders***   * Delusional Disorder * Brief Psychotic Disorder * Schizophreniform Disorder * Schizoaffective Disorder   ***Contemporary Trends and Future Directions*** | ***2,3,4,7*** |
|  |  |  |
|  |  |  |
| ***13*** | ***Sexual Dysfunctions, Gender dysphoria, and Paraphilic Disorders***   * Sexual Dysfunctions * Gender Dysphoria * Paraphilic Disorders * Rape   ***Etiology and Treatment***  ***Contemporary Trends and Future Directions*** | ***2,3,4,7*** |
| ***14*** | ***Personality Psychopathology***  Personality Disorders   * Diagnostic Concerns * “Odd” Personality Disorders * “Dramatic” Personality Disorders * “Anxious” Personality Disorders * Sociocultural Aspects and Concerns   ***Treatment***  ***Contemporary Trends and Future Directions*** | ***2,3,4,7*** |
|  |  |  |
| ***16 & 13-2*** | ***Disorders of Childhood and Adolescence***   * Internalizing and Externalizing Disorders * Neurodevelopmental Disorders (See sections 16-1 – 16-3)   ***Neurocognitive Disorders*** (See sections 13-2 – 13-3)   * Delirium * Traumatic Brain Injury * Alzheimer’s Disease * Parkinson’s Disease * Dementia with Lewy Bodies * Due to HIV * Huntington’s Disease * Frontotemporal Lobar Degeneration | ***2,3,4,7*** |

**15. SPECIFIC MANAGEMENT REQUIREMENTS\*\*\*:**

1. Classroom attendance is mandatory. Make-up exams will **only** be given if student has an excused absence. The test must be taken by the next class or a zero will be issued.
2. A written excuse is only necessary if the absence occurs on an exam day.
3. Students who miss **more than six** classes may be asked to withdraw from class by the instructor. (See **XI-D**).
4. Extra Credit can be completed for up to 5 points on exams at the instructor’s discretion.
5. All assignments are due at the beginning of class.

**16. FERPA:\***

Students need to understand that your work may be seen by others. Others may see your work when being distributed, during group project work, or if it is chosen for demonstration purposes. Students also need to know that there is a strong possibility that your work may be submitted to other entities for the purpose of plagiarism checks.

**17. ACCOMMODATIONS: \***

Students requesting accommodations may contact the Academic Affairs office administrative assistant, Barb Fleming, at bfleming@sscc.edu or 937-393-3431 X-2620.

Students seeking a religious accommodation for absences permitted under Ohio’s Testing Your Faith Act must provide the instructor and the Academic Affairs office with written notice of the specific dates for which the student requires an accommodation and must do so no later than fourteen (14) days after the first day of instruction or fourteen (14) days before the dates of absence, whichever comes first.  For more information about Religious Accommodations, see the full policy at <https://www.sscc.edu/services/accessibility-services.shtml#religious-accommodations>

or contact the Academic Affairs office administrative assistant, Barb Fleming, at [bfleming@sscc.edu](mailto:bfleming@sscc.edu) or 937-393-3431 X-2620.

**18. OTHER INFORMATION\*\*\*:**

**Strongly Suggested Text**

*DSM 5 – TR (Spiral Bound)*

**By:** Amer Psychiatric Pub Inc; 1st edition, 2022

ISBN: 978-0- 890-42583-1

There will be copies of the DSM5 – TR in the library for reference **but not check out.**

**SYLLABUS TEMPLATE KEY**

**\*** Item cannot be altered from that which is included in the master syllabus approved by the Curriculum Committee.

**\*\*** Any alteration or addition must be approved by the Curriculum Committee

**\*\*\*** Item should begin with language as approved in the master syllabus but may be added to at the discretion of the faculty member.

***Revision: November 15, 2022***